



LAS LOMAS HIGH SCHOOL
2023 KNIGHTS FOOTBALL SCHEDULE
DIABLO ATHLETIC LEAGUE: FOOTHILL CONFERENCE

<u>DATE:</u>	<u>DAY:</u>	<u>OPPONENTS:</u>	<u>Varsity</u>	<u>J.V.</u>
8/18	FRIDAY	@CHRISTOPHER-MORGAN HILL	6:00	4:00
8/25	FRIDAY	VINTAGE	7:00	4:30
9/1	FRIDAY	Bye	7:00	4:30
9/8	FRIDAY	Tamalpais	7:00	4:30
9/15	FRIDAY	@ ALHAMBRA	7:00	4:30
9/22	FRIDAY	@ BENICIA	7:00	4:30
9/ 29	FRIDAY	Northgate <i>Homecoming</i>	7:00	4:30
10/ 6	FRIDAY	@ Concord	7:00	4:30
10/13	FRIDAY	@ COLLEGE PARK	7:00	4:30
10/20	FRIDAY	Campolindo	7:00	4:30
10/27	FRIDAY	Acalanes <i>Senior Night</i>	7:00	4:30
11/3	FRIDAY	@ Miramonte		
11/10-11/11		NCS QUARTER FINAL		
11/17-11/18		NCS Semi-Final		
11/24-11/25		NCS CHAMPIONSHIPS		
12/1-12/2		CIF NORCAL REGIONAL		
12/8-12/9		CIF BOWL GAME		

LAS LOMAS KNIGHTS COACHING STAFF

<u>PRINCIPAL</u>	<u>HEAD COACH</u>	<u>ASSISTANT COACH:</u>	<u>ASSISTANT COACH:</u>	<u>ASSISTANT COACH:</u>
SARA HARRIS	DOUG LONGERO	BRENDEN ESPINOSA	Derek Clements	Geordan Arenal
<u>ASSISTANT COACH:</u>	<u>Assistant Coach</u>	<u>Assistant Coach</u>	<u>Assistant Coach</u>	<u>ATHLETIC TRAINER</u>
Matt /Hudson	MAX MAYO	Mike Mercado	TERRANCE YOUNG	RON ABREW

LAS LOMAS HIGH SCHOOL
 1460 S. MAIN STREET, WALNUT CREEK, CA 94596
 PHONE: (925) 280-3920 FOOTBALL (OFFICE) EXT. 2219